

**ARABELLA CACCIA**

Arabella was born in London and grew up in Tuscany before moving to Johannesburg where she spent her teenage years. She then went to Edinburgh University after which she lived and studied in Florence, London and New York. She returned to South Africa in 1990 and now lives and works in Cape Town.

Arabella draws inspiration from the people, places and objects she loves. From the light where she lives and the wilderness where she goes to find peace and silence. The feeling of quiet and perhaps stillness in the work reflects the ambience she creates around her, in order to find inspiration and access her creativity.

Each work is simply a point on a journey – a journey which is an attempt at, a quest in search of truth. A goal which is both mysterious and highly illusive. “It is a quest that will preoccupy me for the rest of my life.” – Arabella Caccia

Arabella Caccia’s recent work is inspired by an exploration of patterns found in the play of light and dark on natural forms. Her paintings and sculptures use an abstract language of semi-symbolic glyphs discovered in these patterns. The primary principal underpinning her work is the belief in the importance of process.

“I firmly believe that the energy and focus put into making a work, a deep meditative concentration, produces work of honesty and integrity, with a powerful energy. It is the process which is of utmost importance.” – Arabella Caccia

**EDUCATION:**

1983 University of Witwatersrand  
1984-88 Edinburgh University  
1988-89 Parsons School of Design, New York, USA

**SELECTED EXHIBITIONS:**

2018 *Without Words*, Everard Read, Franschhoek  
2017 *20<sup>th</sup> Anniversary*, Knysna Fine Art  
2017 *Cubicle*, Everard Read CIRCA, Cape Town  
2015 The Gallery at Grande Provence, Franschhoek  
2012 Solo exhibition, Johannesburg  
2010 *View from the South*, group show, Everard Read, Cape Town  
2010 *Sight*, Everard Read, Cape Town  
2006 *Reverie*, Everard Read, Cape Town  
2003 Judith Wall and Sara Pearce Fine Art New York  
2002 Spark Gallery Johannesburg  
2000 Sara Pearce Fine Art London UK  
1999 Sara Pearce Fine Art London UK  
1998 Hamilton Russell Vineyards South Africa  
1995 Karen McKerron Fine Art Gallery, Johannesburg  
1994 Karen McKerron Fine Art Gallery, Johannesburg  
1993 Chelsea Gallery Cape Town  
1991 Mall Galleries London

## AWARDS:

1995 Vita Art Now, Johannesburg Art Gallery South Africa – selected artist.